Strengthening Community-Academic Partnerships through Radical Relationship

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Take home message.

"If you have come here to help me, you are wasting your time. But if you have come because your liberation is bound up with mine, then let us work together."

-Lilla Watson, Aboriginal elder, activist and educator from Queensland, Australia.
Who we are - Deborah Sims Fard
Who we are – Chrissy Chard, PhD

Self-Determination Theory

Competence: need to be effective in dealing with environment

Humans' three basic needs

Relatedness: need to have a close, affectionate relationships with others

Autonomy: need to control the course of their lives
How we came together.

Community Engagement Pilot Program (CE-Pilot)

• 2016-2017 - Partnership Development Grant
  • “Partnering with a Community of Color to Envision a Culturally Responsive Program: Smart Fit Girls”

• 2019-2020 - Joint Pilot Grant
  • “Engaging Women and Girls of Color: A Cultural Adaptation of the Health and Well-being Program, Smart Fit Girls”
Foundations of Radical Relationship

- Mutual Respect
- Time outside of project
- Responsive
- Humility
- Expansive outcomes
Mutual Respect

• Decentering ourselves

EXAMPLE:
• Recruitment
Time outside of project

- Learning
- Showing up
Responsive

- Meeting the moment in time
- Culturally

### New Inclusive Activities

<table>
<thead>
<tr>
<th>Activity Name</th>
<th>Don’t Touch My Hair</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Time</strong></td>
<td>30 Minutes</td>
</tr>
<tr>
<td><strong>Description</strong></td>
<td></td>
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<tr>
<td></td>
<td>Discussion about hair and why it is so special /important</td>
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<tr>
<td></td>
<td>How Hair can Help you express Yourself</td>
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<td></td>
<td>We can test Hair Porosity</td>
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<td></td>
<td>Good hair vs Bad Hair</td>
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<tr>
<td></td>
<td>What are your favorite hairstyles you can do by yourself</td>
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</tbody>
</table>

Don’t Touch My Hair!
Activity 30 minutes
Supplies: Cup, water, journals and pens, scissors.
Humility

• Interrogating adultism
• Supporting student-led efforts
Expansive Outcomes

• What does success look like?
• What else matters?
Take home message.

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Thank you!