



Disseminating Clinical & Translational Research Deliverables

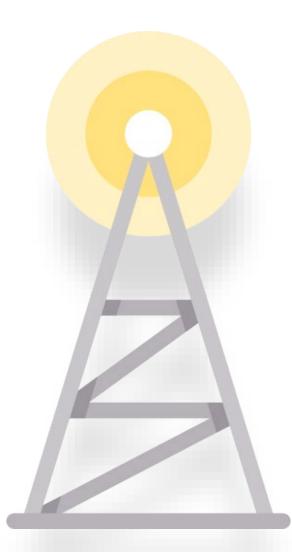
Heather Gilmartin, PhD, NP

Associate Director, CCTSI Dissemination & Implementation Research Core Clinical Assistant Professor, Colorado School of Public Health Investigator, Research Health Scientist, Rocky Mountain VA Medical Center



Dissemination

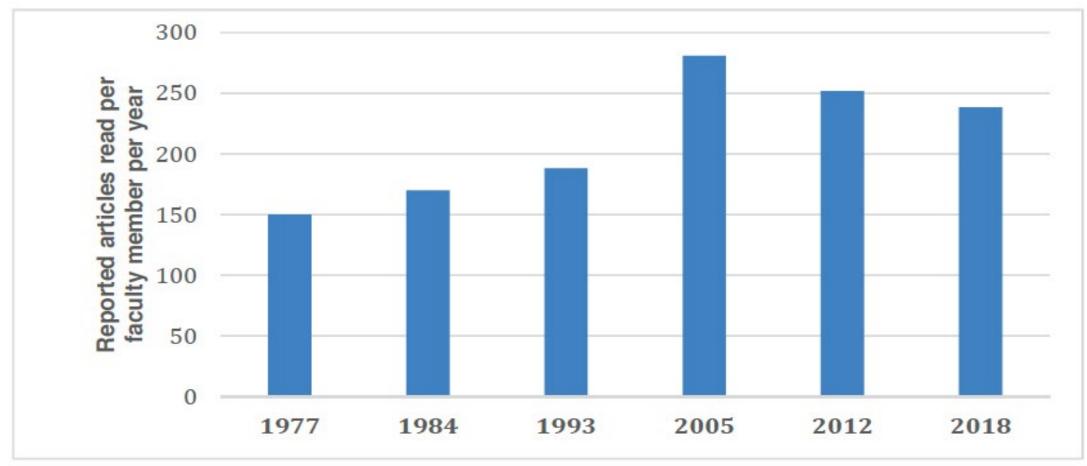
The action of spreading something, especially information, widely





COLORADO Clinical and Translational Sciences Institute (CCTSI)

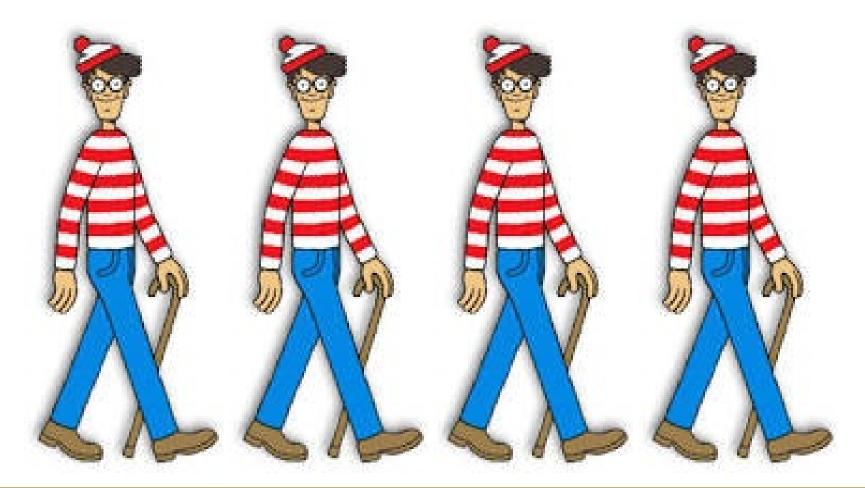
Average Number of Articles Reportedly Read Per Year by University Faculty Members



Johnson, R., Watkinson, A., Mabe, M. (2018). The STM Report. An Overview of Scientific and Scholarly Publishing. 5th ed. (pg 59)

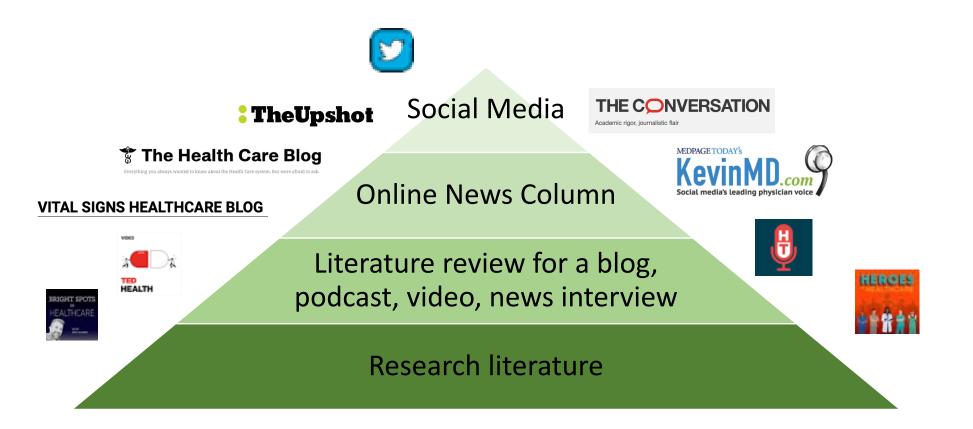


How Do You Make Your Work Stand Out?





Hierarchy of Dissemination Tactics



The Incidental Economist, 2014. https://academyhealth.org/blog/2014-07/hierarchy-dissemination-tactics



Dissemination & Implementation Models

in Health Research & Practice

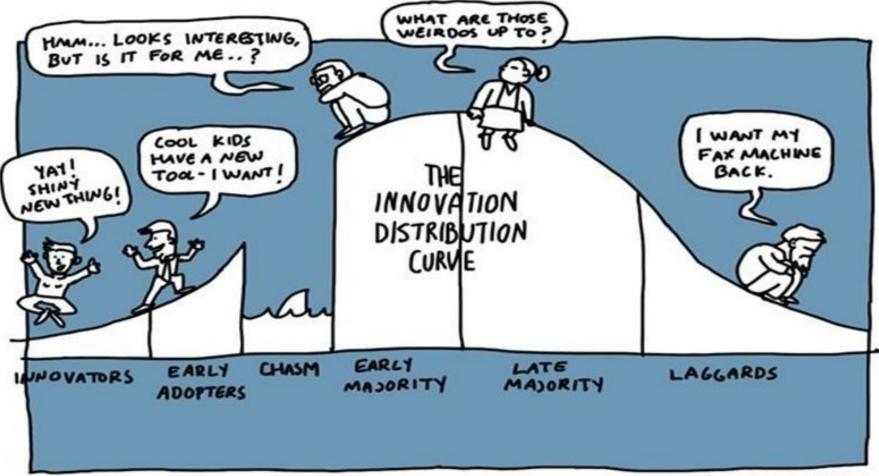
Sections of the D&I Models Webtool



www.dissemination-implementation.org



Diffusion of Innovation

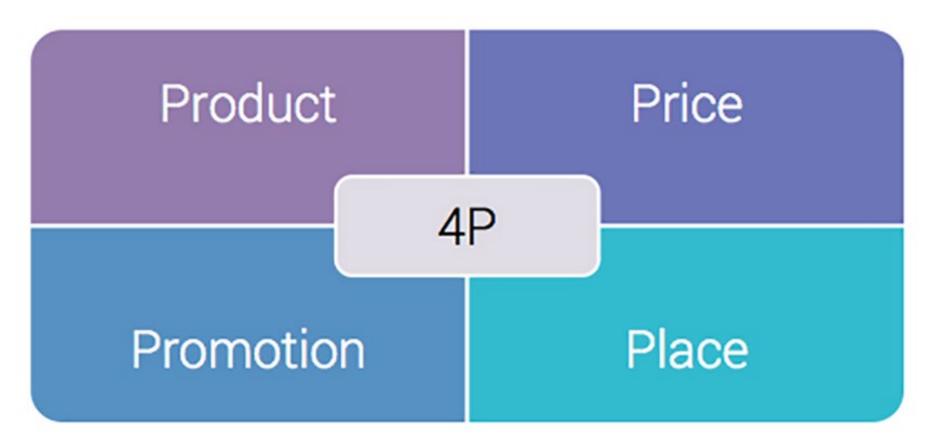


BUSINESSILLUSTRATOR.COM

Rogers EM. Diffusion of innovations. 2003.



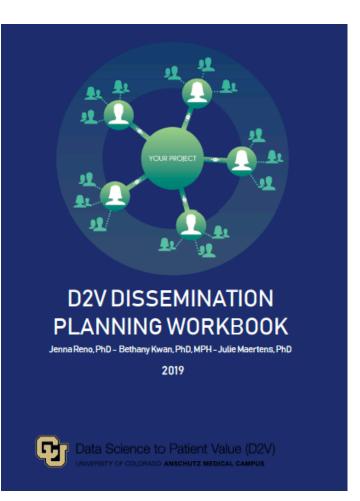
Social Marketing Theory



Kotler P, Lee N. Social marketing: Influencing behaviors for good. Sage; 2008. Connelly, B., Battaglia, C., & Gilmartin, H. M. (2021). *BMC Health Services Research*, *21*(1), 1-8.

D2V Dissemination Planning Workbook

- Free, self-guided workbook
- Guide for dissemination planning

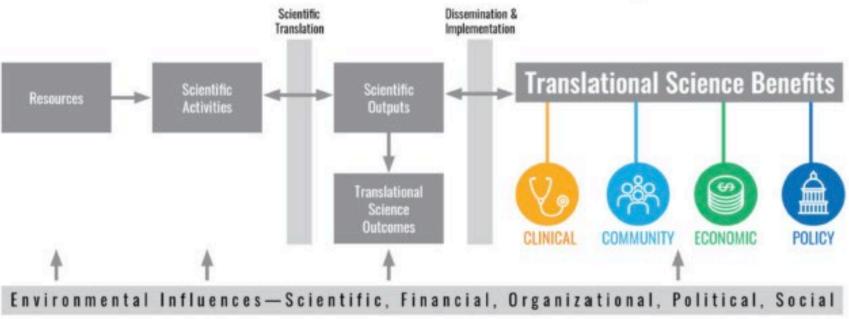


https://cctsi.cuanschutz.edu/docs/librariesprovider28/dissemination-consult-service/d2v-dissemination-planning-workbook.pdf?sfvrsn=5d4cceba_2





Translational Science Benefits Conceptual Model



https://translationalsciencebenefits.wustl.edu





Dissemination Deliverables

Social Media

Infographics, Slides

Online News Column

Blog post, website, graphic novel, podcast

Research literature

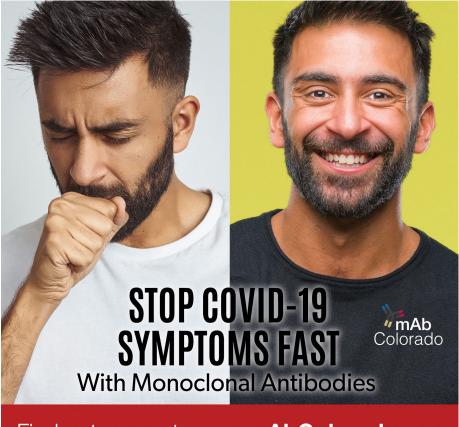
The Incidental Economist, 2014. https://academyhealth.org/blog/2014-07/hierarchy-dissemination-tactics





Social Media Posts





Find out more at www.mAbColorado.org



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Infographics



HOW TO SPEAK & JOURNALISTS

Pitching stories to journalists is a good way to reach large segments of people, raise awareness, and show others the value of your research.



Create a Visual Abstract

What Is a Visual Abstract?

 Avisual abstract is avisual summary of the key findings of a Int coda/ soligital environment, you have just af ew seconds to study, report, or publication.

- Like the executive summary section of a report, it conveys themost essential points in a shorter format.
- It does not replace reading the full article.
- It servesto generate reader interest.

Visual Abstract = Greater Dissemination

captureareader'sattention. High-impact visuals are just one of the colsthat help to achieve this.

A2017study by Ibrahimet al showed that, compared to text-onlytweetspromoting apublished article, tweetswith a visual abstract had 7-foldhigher impressions, 8-fdd higher retweets, and nearly 3-fold higher article visits on the publisher website.10 her trials have shown visual abstracts to besimilarly effective acrosssocial media plat forms23



Learn More and See Examples of Visual Abstracts

Read Dr. Ibrahim's Open-Source Primer on Visual Abstract sor search Twitter using #visual abstract.

Request a FREE CCTSI Dissemination Consultation for personalized guidance!





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G

1 Identify 1-3key points or outcomesfromyour study. 2 Builda Power Point slide with one panel for each keypoint. 3 Enter the title, first author name, and keypoints into the template. 4. Add visualsor iconsto convey eachpoint. Besure to use ONLY images and graphics that are original, royalty-freeor are within the public domain. Copyrighted images should not be used.

SCAN ME https://doi.org/10.25677/gk1p-t539



Academic rigor, journalistic flair





Online News Column

You can call 988 for yourself, or for a friend or family member. Flashpop/Stone via Getty Images

As suicides rise in the US, the 988 hotline offers hope – but most Americans aren't aware of it

Published: July 28, 2023 8.19am EDT • Updated: July 28, 2023 12.11pm EDT

Emmy Betz

https://theconversation.com/us







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DISSEMINATION Service

BLOG POST

Member Survey of Academic Researchers Suggests Loneliness is a Barrier to Productivity During COVID-19 Remote Work

AcademyHealth member Heather Gilmartin developed a survey at the Colorado Clinical and Translational Science Institute to understand the impact of remote work on researchers and staff during COVID-19. Results show that loneliness is the greatest barrier to productivity.

POSTED Jul 20, 2020

BY Heather Gilmartin, Ph.D., N.P.

HSR Workforce Development





Related Content

HSR Journal: The Evolving U.S. Health Workforce Feb 27, 2017

EVENT 2019 Annual Research Meeting June 2-4, 2019

PUBLICATION Paradigm Project Report: July 2019

Convening Recap

Blog Post





Website and Graphic Novel

mAb Colorado Graphic Novel

What

The mAb graphic novel walks viewers through the process of getting monoclonal antibodies (mAb) for COVID-19 and covers:

- · What to expect
- · How treatment works in the body
- · How long it takes
- Benefits of treatment

All in a brief and easy-to-understand 2-minute animated video.

For more information on how you can get treated with monoclonal antibodies please visit the CDPHE treatment webpage.

Click here to visit CDPHE treatment webpage



https://medschool.cuanschutz.edu/mab-colorado





Podcast



RESTORE Team Podcast | Rehabilitation research optimizing older adult movement and quality-of-life Alexander Garbin, PT, DPT, PhD

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All Episodes



RESTORE

Breaking Down Barriers to Evidence-Based Osteoarthritis Care with Laura Churchill | 2

In today's podcast, we sat down with Dr. Laura Churchill to discuss her research related to breaking down barriers for osteoarthritis care. Articles discussed include: 1. The development and validation of a multivariable model to predict.

In today's podcast, we sat down with RESTORE Team director Dr. Jennifer Stevens-Lapsley to discuss the RESTORE

Team, her research involving high intensity rehabilitation in older adults within skilled nursing facilities, as well as othe...

Apr 10 - 27 min 33 sec

High Intensity Rehabilitation with Jennifer Stevens-Lapsley 1

Podcast

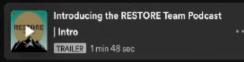
About

In this podcast we invite researchers to discuss their recent scientific work related to improving older adult health status and function, how it can impact clinical care, and its relevance to any older adult listene ... Show more

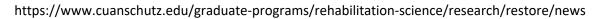
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Science



• Feb 22 - 14 min 58 sec

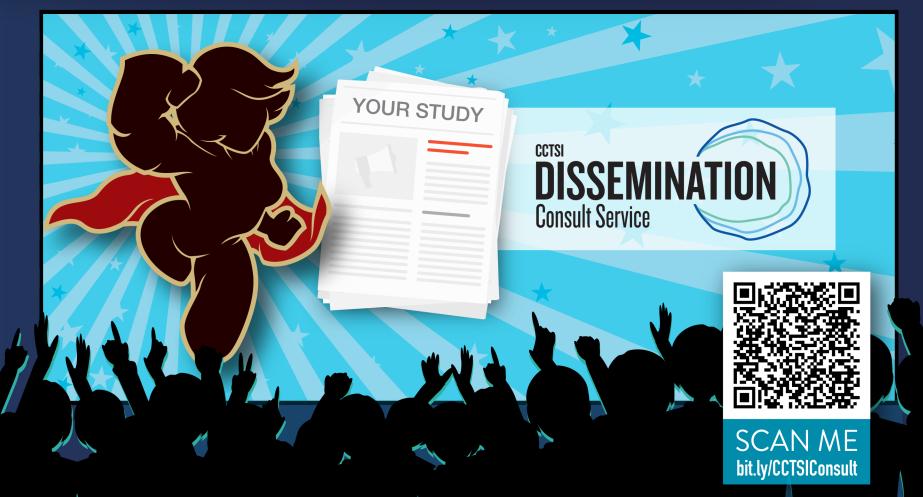


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If you want to share your study results with non-research audiences...

Then ask for a CCTSI consultation!





Heather M. Gilmartin, PhD, NP

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Associate Director of Dissemination & Implementation, Colorado Clinical & Translational Science Institute (CCTSI) Anschutz Medical Campus - Traditional Land of Arapahoe People Learn about the <u>CCTSI Dissemination Service</u>

Investigator, Research Health Scientist - Denver/Seattle Center of Innovation Rocky Mountain Regional VA Medical Center Department of Veterans Affairs heather.gilmartin@va.gov



