CSU Extension Systems, Partners and Resources for Disseminating and Implementing Community-based Programs

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Meet the Team!

Rural Health Team
- Jennifer Aengst, Mountain Region Health Specialist
- Calandra Lindstadt, Western Region Health Specialist
- Ginger Williams, Eastern Region Health Specialist
- Natalie Bachmeier, Research, Grants and Evaluation Coordinator

Behavioral Health Team
- Rebecca Hill, Co-Director, Colorado AgrAbility Project
- Chad Reznicek, State Behavioral Health Specialist
- Kirstin Wulfsberg, Mountain Region Behavioral Health Specialist
- Julie Elliott, Western Region Behavioral Health Specialist
- Jim Kuemmerle, Eastern Region Behavioral Health Specialist
- Ellis Vidmar, AgrAbility Communications Coordinator
For over 100 years, CSU Extension has helped Coloradans address important and emerging community needs.
The Many Roles of Extension


Topic areas:

• Agriculture
• Animal health
• Emergency preparedness
• Home, family & finances
• Natural resources
• Nutrition, food safety & health
• Water
• Yard & garden
• 4-H youth development
Increasing college readiness, local access, enrollment in higher education, and scholarships for students living in rural Colorado.

Expanding capacity of Regional Economic Development Institute, expanding the agriculture value chain and sustainability of agricultural practices, increasing vitality of rural businesses, increasing broadband access.

Expanding community leadership, creating connections to local histories and cultures through visual and performing arts, and supporting community problem solving through civil dialogue.
Highlighting Our Work: Mountain Region

- Community Partnership to Expand Food Security
- Nutrition Education Programs
- Healthcare Navigation Workshops
- Youth Mental Health Pilot Program
Highlighting Our Work: Western Region

- Reducing Mental Health Stigma
- Suicide Prevention/Postvention Support
- Nutrition Education Program
- COMET Mental Health Training: Expansion/Adaptation
- Health Without Barriers Program
Highlighting Our Work: Eastern Region

- Amplifying Aging Mastery Program
- Social Prescription Program
- COMET Mental Health Trainings
- Community Engagement Events
- Dementia Education
- Nutrition Education Programs
CSU Extension Campus-Field Partners in Health


Field-based faculty
County Specialists in 63 CSU Extension County Offices
Regional Specialists in 5 Regions

Campus-based partners
Department of Human Development and Family Studies
Department of Health and Exercise Science
Department of Food Science and Human Nutrition
CSU CO School of Public Health
Prevention Research Center
Center for Healthy Aging
A Collaborative Process of Community Engagement with Researchers

Community Needs Assessment
- Campus faculty research
- Student research/internships

Research
- Advisory boards
- Consulting
- Grant writing
- Conference planning

Service & Outreach
- Technical assistance
- Evidence-based program delivery

Implementation
- Fidelity
- Development of valid and reliable tools
- Data collection & analysis

Program Evaluation
- Education
- Communication
- Publications

Dissemination of Results

Community Needs Assessment
Thank you