

CSU Extension Systems, Partners and Resources for Disseminating and Implementing Community-based Programs

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**COLORADO STATE UNIVERSITY
EXTENSION**

Meet the Team!

Rural Health Team

- **Jennifer Aengst**, Mountain Region Health Specialist
- **Calandra Lindstadt**, Western Region Health Specialist
- **Ginger Williams**, Eastern Region Health Specialist
- **Natalie Bachmeier**, Research, Grants and Evaluation Coordinator

Behavioral Health Team

- **Rebecca Hill**, Co-Director, Colorado AgrAbility Project
- **Chad Reznicek**, State Behavioral Health Specialist
- **Kirstin Wulfsberg**, Mountain Region Behavioral Health Specialist
- **Julie Elliott**, Western Region Behavioral Health Specialist
- **Jim Kuemmerle**, Eastern Region Behavioral Health Specialist
- **Ellis Vidmar**, AgrAbility Communications Coordinator





For over 100 years, CSU
Extension has helped
Coloradans address
important and emerging
community needs

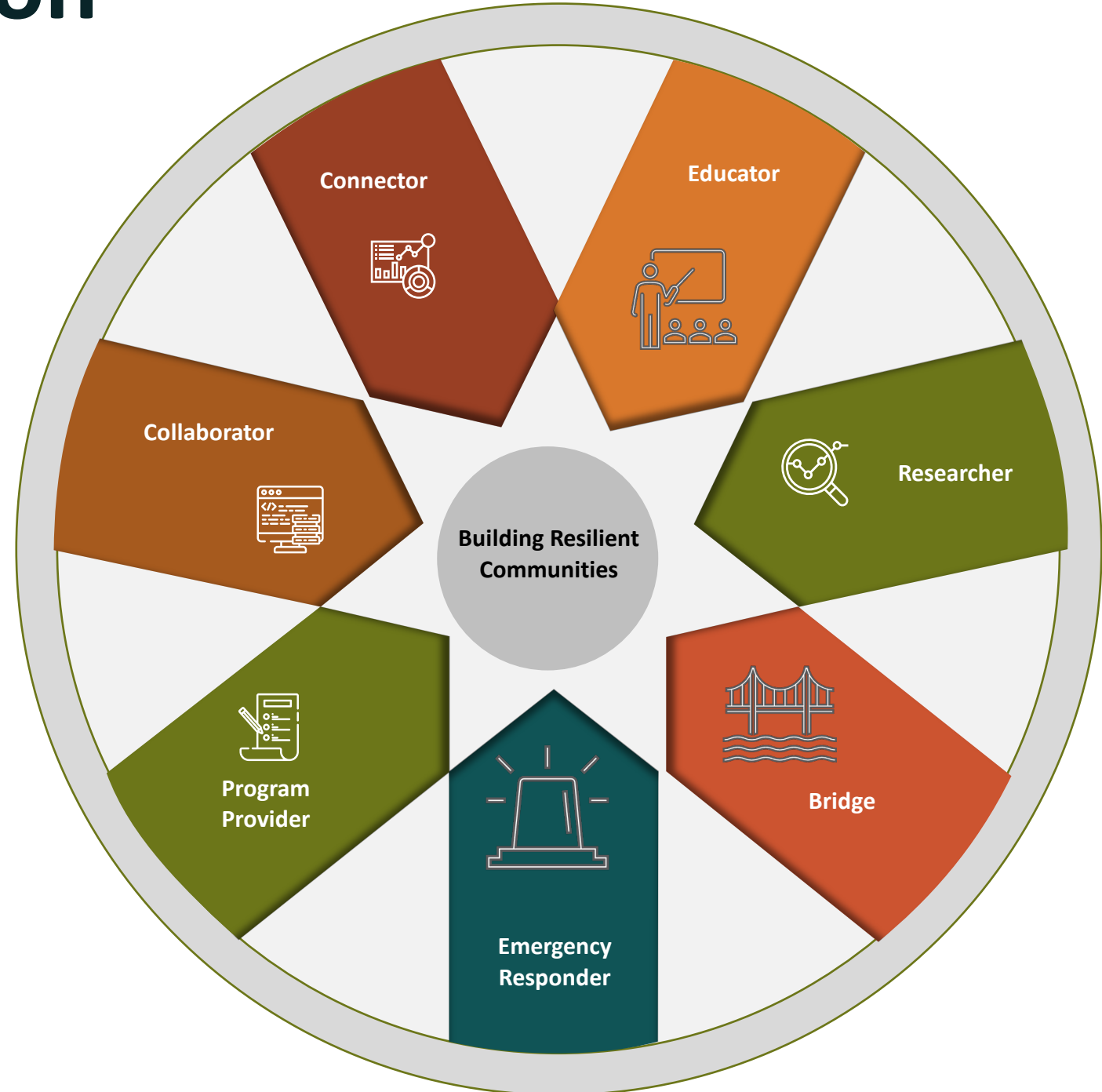


The Many Roles of Extension

Power in Partnerships. Embracing the Land-Grant Mission.

Topic areas:

- Agriculture
- Animal health
- Emergency preparedness
- Home, family & finances
- Natural resources
- Nutrition, food safety & health
- Water
- Yard & garden
- 4-H youth development



Expanded Rural Engagement

In June 2021, the CSU System Board of Governors voted to invest \$8.58 million over three years to expand support for rural Colorado students and communities.

Increasing *college readiness, local access, enrollment in higher education*, and **scholarships** for students living in *rural Colorado*.

Expanding capacity of *Regional Economic Development Institute*, expanding the *agriculture value chain* and *sustainability of agricultural practices*, increasing *vitality of rural businesses*, increasing *broadband access*.



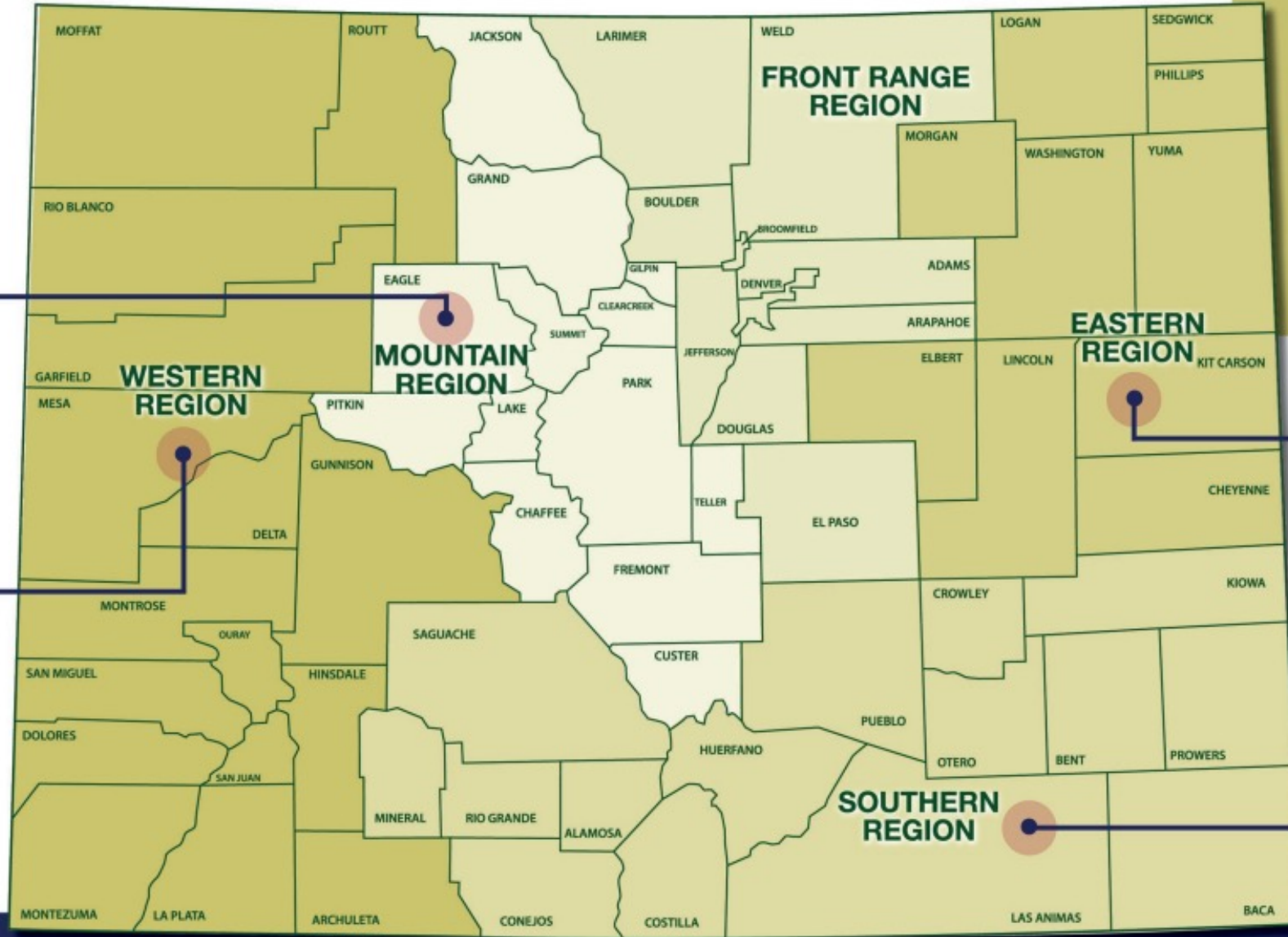
Focusing on *Behavioral Health, Healthy Aging* and *Preventative Health*.

Expanding *community leadership*, creating *connections to local histories* and *cultures* through *visual and performing arts*, and supporting *community problem solving* through *civil dialogue*.

RURAL INITIATIVE SPECIALISTS & FOCUS AREAS BY REGION



-  **Accessible Education**
Ruben Flores
-  **Improved Health**
Jennifer Aengst
-  **Vibrant Communities**
Willie Wilkens
-  **Thriving Economies**
Derek Lowstuter

-  **Accessible Education**
Gregory Felsen
-  **Improved Health**
Calandra Lindstadt
-  **Thriving Economies**
Nicole Didero



STATEWIDE RURAL INITIATIVE SPECIALISTS

-  **Improved Health**
Sue Schneider, Extension State Specialist, Health Lead
-  **Thriving Economies**
Libby Christensen, Food & Ag
Adrian Card, Specialty Crops

-  **Accessible Education**
Sofia Guardado
Brenda Valdez
-  **Improved Health**
Ginger Williams

-  **Accessible Education**
Sydney Wilkinson
-  **Thriving Economies**
Stephen Lauer

RURAL INITIATIVE GOAL LEADS

-  **Improved Health**
Sue Schneider, Extension State Specialist, Health Lead
-  **Thriving Economies**
Becca Jablonski, Assistant Profession & Food Systems Extension Economist
Dawn Thilmany, Director of Engagement Scholarship, Co-Director - CSU Regional Economic Development Institute

-  **Accessible Education**
Jill Garber, Director - Collaboration Campuses
Inger Johnson, Head of Distance Education
-  **Vibrant Communities**
Patti Schmitt, Director - Community Development, Director - The Family Leadership Training Institute of Colorado (FLTI)

Highlighting Our Work: Mountain Region



Community Partnership to Expand Food Security



Nutrition Education Programs



Healthcare Navigation Workshops



Youth Mental Health Pilot Program

Highlighting Our Work: Western Region



Reducing Mental Health Stigma



Suicide Prevention/Postvention Support



Nutrition Education Program



COMET Mental Health Training: Expansion/Adaptation



Health Without Barriers Program

Highlighting Our Work: Eastern Region



Amplifying Aging Mastery Program



Social Prescription Program



COMET Mental Health Trainings



Community Engagement Events



Dementia Education



Nutrition Education Programs

CSU Extension Campus-Field Partners in Health

Power in Partnerships. Embracing the Land-Grant Mission.

Field-based faculty

County Specialists in
63 CSU Extension
County Offices

Regional Specialists
in 5 Regions



Campus-based partners

Department of Human Development and Family Studies

Department of Health and Exercise Science

Department of Food Science and Human Nutrition

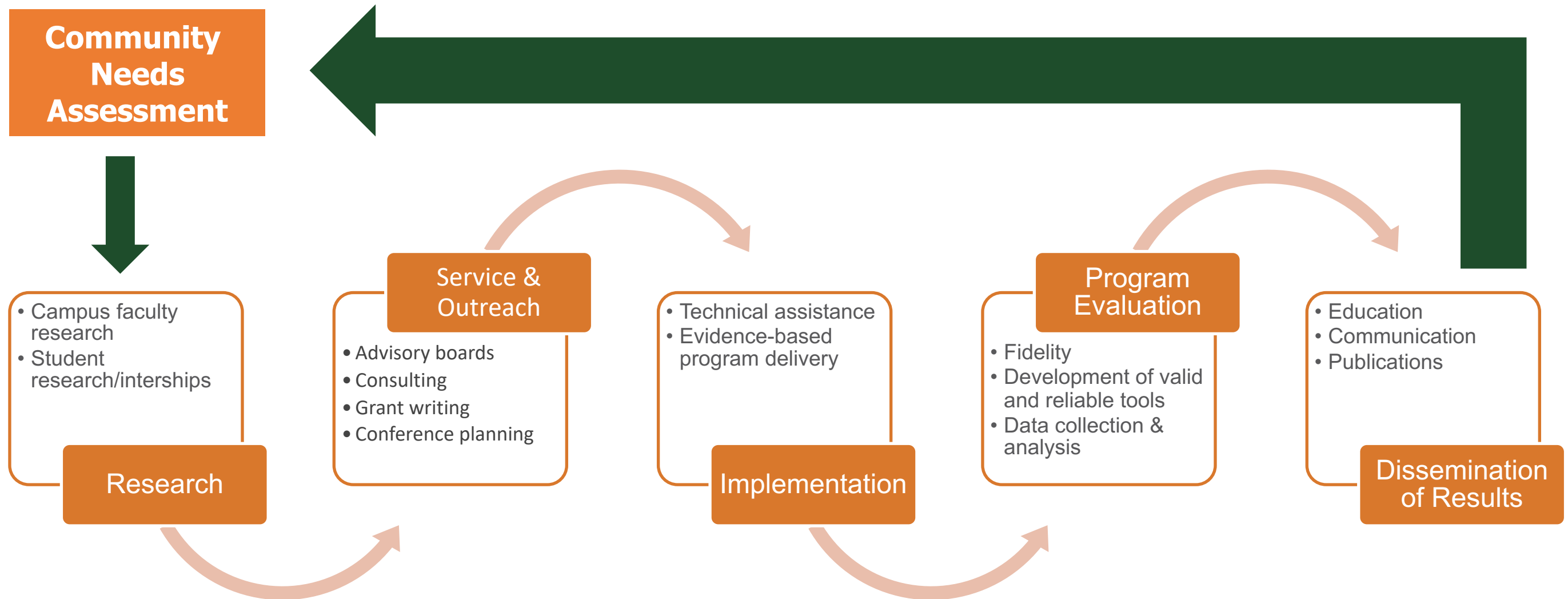
CSU CO School of Public Health

Prevention Research Center

Center for Healthy Aging



A Collaborative Process of Community Engagement with Researchers



Thank you



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