

# Colorado Mentoring Training (CO-Mentor) Program Directory | 2018-2019

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## The **CCTSI** Program

The Colorado Clinical and Translational Sciences Institute (CCTSI), created in 2008, includes the University of Colorado Anschutz Medical Campus, University of Colorado Denver, University of Colorado Boulder, Colorado State University, six major hospitals, and health care organizations and local communities. The CCTSI will:

- Expand this statewide academic home for clinical and translational research.
- Implement new clinical research management strategies to improve quality, safety, efficiency, cost-effectiveness, and innovative team science as well as introduce new software systems and workflows.
- Centralize the delivery of resources, services, and technologies.
- Incorporate key concepts of community engagement into the full spectrum of translational research.
- Increase the translational research workforce capacity through a broad curriculum of education, training, and career development opportunities.

A rigorous tracking, assessment, and evaluation program with a formal quality and process improvement component will ensure the best use of resources while protecting the safety of research study participants. These programs will be centralized at the University of Colorado Anschutz Medical Campus, which is adjacent to participating schools, research laboratories, three hospitals, and a biomedical corporate park.

# **CCTSI** Leadership



Director, Colorado Clinical and Translational Sciences Institute
Professor and Vice Chair of Pediatrics
Arnold Silverman, MD, Endowed Chair in Digestive Health
Assistant Vice Chancellor for Clinical and Translational Science,
University of Colorado Denver
Chief, Section of Pediatric Gastroenterology,
Hepatology and Nutrition and the Digestive Health Institute
ronald.sokol@ucdenver.edu
ronald.sokol@childrenscolorado.org
720-777-6669

Ronald J. Sokol, MD, FAASLD

# Colorado Mentoring Training (CO-Mentor) Program

The **Colorado Mentoring Training (CO-Mentor) Program** is a series of integrated workshops that uses evidence-based strategies to teach mentor/mentee pairs the skills they need to get the most out of their mentoring relationships.

Most training occurs in mentor/mentee pairs; however, some activities will be for mentors or mentees separately. The goal is to help participants build practical, overarching skills for mentoring success.

The CO-Mentor program addresses the following Topics:

- Career mapping and creating a career development plan
- Setting goals
- CV building
- Understanding your preferred communication style with the Communication Preference Questionnaire™ (CPQ)
- Establishing the mentor/mentee relationship
- Writing effective mentor letters
- Giving and receiving effective feedback
- Building an effective mentoring team
- Identifying personal strengths and values
- Professional networking
- Promoting academic persistent
- Understanding and managing the financial aspects of an academic career

# **CO-Mentor** Faculty and Staff



Gregory Austin, MD MPH
Associate Professor of Medicine
Vice Chair for Regional Clinical Affairs,
Department of Medicine
Director, CCTSI CO-Mentor Program
Director, Junior Faculty Development,
Department of Medicine
Division of Gastroenterology and Hepatology
University of Colorado Anschutz Medical Campus
gregory.austin@ucdenver.edu
303-724-1857



Anne M. Libby, PhD
Professor and Vice Chair for Academic Affairs
University of Colorado Anschutz Medical Campus,
Department of Emergency Medicine
Director, Clinical Faculty Scholars Program
Co-Director, Colorado Mentoring Training
Program (CO-Mentor)
Co-Director, Doris Duke Charitable Foundation
Fund to Retain Clinical Scientists Program
University of Colorado Anschutz Medical Campus
anne.libby@ucdenver.edu
720-848-6794



Galit Mankin, MSW
Program Administrator,
Clinical Science Graduate Program
Programs Manager, Education Training
and Career Development (ETCD), CCTSI
University of Colorado Anschutz Medical Campus
galit.mankin@ucdenver.edu
720-848-6249

of 2018-2019



Erin Austin, PhD
Assistant Professor
Department of Mathematical
and Statistical Sciences
University of Colorado Denver
erin.e.austin@ucdenver.edu
303-315-1744



Jen Blankenship, PhD
Postdoctoral Fellow
Department of Medicine
Endocrinology, Metabolism and Diabetes
University of Colorado Anschutz Medical Campus
jennifer.blankenship@ucdenver.edu
720-848-6477



Stephanie Bourque, MD, MSCS
Assistant Professor
Neonatal-Perinatal Medicine
University of Colorado Anschutz Medical Campus
Children's Hospital Colorado
stephanie.bourque@childrenscolorado.org
303-724-2442



Andrea Buchwald, PhD
Postdoctoral Fellow
Department of Environmental
and Occupational Health
Colorado School of Public Health
andrea.buchwald@ucdenver.edu



Heather Caballes, PhD
Assistant Professor, Research Track
Department of Pediatrics – Neurology
University of Colorado Anschutz Medical Campus
heather.caballes@ucdenver.edu
303-724-3289



David Ecker, MD
Assistant Professor
Director, Foundations of Doctoring Curriculum
Director, Integrated Clinicians Course
Director, Clinical Practice Exam
Assistant Director of Education,
Hospital Medicine Group
Department of Medicine – Hospital Medicine
School of Medicine
University of Colorado Anschutz Medical Campus
david.ecker@ucdenver.edu
504-289-4484



Kelly Faulk, MD
Senior Fellow
(Oncology, Experimental Therapeutics)
Center for Cancer and Blood Disorders
Children's Hospital Colorado
kelly.faulk@childrenscolorado.org
720-777-6503



Monique Marie Germone, PhD, BCBA
Assistant Professor
Clinical Psychologist
Department of Psychiatry & Behavioral
Sciences - Child and Adolescent;
Department of Pediatrics Gastroenterology, Hepatology and Nutrition
Pediatric Mental Health Institute
and the Digestive Health Institute
Children's Hospital Colorado
monique.germone@childrenscolorado.org
720-777-3711



Samuel Han, MD
Fellow
Department of Medicine –
Gastroenterology and Hepatology
University of Colorado Anschutz Medical Campus
samuel.han@ucdenver.edu
617-640-1495



Margo S. Harrison, MD, MPH
Assistant Professor
Department of Obstetrics and Gynecology
University of Colorado Anschutz Medical Campus
margo.harrison@ucdenver.edu
917-655-5178



Sean Iwamoto, MD
Instructor; Department of Medicine –
Endocrinology, Metabolism & Diabetes,
University of Colorado Anschutz
Instructor; Endocrinology, VA Rocky Mountain
Regional Medical Center
Co-Founder; UCH Integrated Transgender
Program, University of Colorado Anschutz
Advanced Geriatrics Fellow; VA Geriatrics
Research, Education and Clinical Center,
VA Rocky Mountain Regional Medical Center
sean.iwamoto@ucdenver.edu
303-724-3927



Erin Khan, MD
Pediatric Pulmonary Fellow (2nd year)
Breathing Institute - Pediatric Pulmonary
Children's Hospital Colorado
erin.khan@childrenscolorado.org
720-777-5633



Yee Ming Lee, PharmD
Assistant Professor
Department of Clinical Pharmacy
Skaggs School of Pharmacy and
Pharmaceutical Sciences
University of Colorado Anschutz Medical Campus
yeeming.lee@ucdenver.edu
303-724-0532



Michelle Leppert, MD, MBA
Assistant Professor
Neurohospitalist
Department of Neurology
School of Medicine
University of Colorado Anschutz Medical Campus
michelle.leppert@ucdenver.edu
919-906-2068



Jayne Martin Carli, PhD
Postdoctoral Fellow
Department of Pediatrics - Nutrition
University of Colorado Anschutz Medical Campus
jayne.martincarli@ucdenver.edu
303-724-3984



Katie McCormack, MD
Fellow/Instructor
Department of Pediatrics - Allergy/Immunology
Children's Hospital Colorado
katherine.mccormack@childrenscolorado.org
814-591-7229



Danielle M. Ostendorf, MS, PhD
Post-Doctoral Fellow
Department of Medicine Endocrinology and Metabolism
University of Colorado Anschutz Medical Campus
danielle.ostendorf@ucdenver.edu
303-724-9203



Nayanjot Kaur Rai, MPH, BDS
Research Associate
Department of Community Dentistry and Population Health
School of Dental Medicine
University of Colorado Anschutz Medical Campus
nayanjot.rai@ucdenver.edu
303-724-0494



Sunad Rangarajan, MD
Assistant Professor
Department of Medicine - Pulmonary Sciences
and Critical Care Medicine
University of Colorado Anschutz Medical Campus
sunad.rangarajan@ucdenver.edu
303-724-6684



Sean M. Reed, PhD, APN, ACNS-BC, ACHPN
Assistant Professor
Palliative Care & Aging Research Fellow
Department of General Internal Medicine
School of Medicine
University of Colorado Anschutz Medical Campus
sean.reed@ucdenver.edu
303-724-0735



Rachel Rodel, MD
Instructor
Fellow
Department of Obstetrics and Gynecology –
Maternal-Fetal Medicine
University of Colorado Anschutz Medical Campus
rachel.rodel@ucdenver.edu
720-989-1459



Natalie Schwatka, PhD
Assistant Professor
Department of Environmental
and Occupational Health
Center for Health, Work & Environment
Colorado School of Public Health
natalie.schwatka@ucdenver.edu
303-724-4607



Katie Sikes, PhD
Post-Doctoral Fellow
Orthopaedic Research Center;
Department of Clinical Sciences
Colorado State University
Katie.Sikes@colostate.edu
847-707-4204



Stacey L. Simon, PhD
Assistant Professor
Department of Pediatrics Pulmonary & Sleep Medicine
Children's Hospital Colorado
stacey.simon@childrenscolorado.org
720-777-5681



**Taylor Triolo, MD**Fellow in Pediatric Endocrinology
Department of Pediatric Endocrinology
Children's Hospital Colorado and the Barbara Davis
Center for Childhood Diabetes
taylor.triolo@childrenscolorado.org
970-227-0053



Premal Trivedi, MD, MSE
Assistant Professor
Department of Radiology –
Interventional Radiology
University of Colorado Anschutz Medical Campus
premal.trivedi@ucdenver.edu
516-384-2460



Jennifer (Jenny) Washabaugh, MA Graduate Student (PhD) Department of Anthropology University of Colorado Boulder jennifer.washabaugh@colorado.edu 303-492-2547



Matthew Zuckerman, MD
Assistant Professor
Department of Emergency Medicine –
Medical Toxicology
School of Medicine
University of Colorado Anschutz Medical Campus
University of Colorado Hospital
Denver Health
Children's Hospital Colorado
matthew.zuckerman@ucdenver.edu
401-965-6197

of 2018-2019



Christina Aquilante, PharmD
Professor
Department of Pharmaceutical Sciences
Skaggs School of Pharmacy
and Pharmaceutical Sciences
University of Colorado Anschutz Medical Campus
christina.aquilante@ucdenver.edu
303-724-6126



Maureen Bauer, MD
Assistant Professor
Co-Associate Fellowship Director
Department of Pediatrics - Allergy & Immunology
Children's Hospital Colorado
Maureen.Bauer@childrenscolorado.org
847-624-3114



Tim Benke, MD, PhD
Associate Professor of Pediatrics, Neurology,
Pharmacology and Otolaryngology
Director, Research, Neurosciences Institute, CHCO
Department of Pediatrics, Division of Neurology
School of Medicine
University of Colorado Anschutz Medical Campus
Children's Hospital Colorado
tim.benke@ucdenver.edu
303-724-3568



Robin M. Bernstein, PhD Associate Professor Department of Anthropology Health and Society Program – Institute of Behavioral Science University of Colorado Boulder robin.bernstein@colorado.edu 303-735-2217



Elizabeth Carlton, PhD, MPH
Assistant Professor
Department of Environmental
and Occupational Health
Colorado School of Public Health
University of Colorado Anschutz Medical Campus
elizabeth.carlton@ucdenver.edu
303-724-7947



Victoria A. Catenacci, MD
Associate Professor
Department of Medicine Endocrinology, Metabolism, and Diabetes
Anschutz Health and Wellness Center
University of Colorado Anschutz Medical Campus
vicki.catenacci@ucdenver.edu
303-724-9052



Oliver Eickelberg, MD, FERS, ATSF
Professor of Medicine,
Biochemistry and Molecular Genetics, with tenure
Department of Medicine –
Pulmonary Sciences and Critical Care
University of Colorado Anschutz Medical Campus
oliver.eickelberg@ucdenver.edu
(303) 724-6063



Anna Euser, MD, PhD
Assistant Professor
Department of Obstetrics and Gynecology –
Maternal-Fetal Medicine
School of Medicine
University of Colorado Anschutz Medical Campus
anna.euser@ucdenver.edu
303-748-3898



David Frisbie, DVM, PhD
Professor
Director of Research, Orthopaedic Research
Center
Director, Translational Medicine Institute
Department of Clinical Sciences
Colorado State University
david.frisbie@colostate.edu
970-297-4555



Jeannette Guerrasio, MD

Professor

Director, Resident and Medical Student Remediation

Assistant Director of Mentorship

Department of Medicine – Hospital Medicine

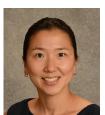
School of Medicine

University of Colorado Anschutz Medical Campus
jeannette.guerrasio@ucdenver.edu

303-301-4849



Kennon Heard, MD, PhD
Professor of Emergency Medicine
Section Chief Medical Pharmacology
and Toxicology
University of Colorado Anschutz Medical Campus
kennon.heard@ucdenver.edu
720-848-6777



Sunah Susan Hwang, MD, MPH
Assistant Professor
Department of Pediatrics – Neonatology
University of Colorado Anschutz Medical Campus
sunah.hwang@childrenscolorado.org
917-309-1069



D Thor Johnson, MD, PhD
Assistant Professor
Director of Interventional Radiology Research
Department of Radiology —
Interventional Radiology
University of Colorado Anschutz Medical Campus
thor.johnson@ucdenver.edu
317-603-1973



Karen R. Jonscher, PhD
Associate Professor
Department of Anesthesiology
University of Colorado Anschutz Medical Campus
karen.jonscher@ucdenver.edu
303-229-4620



Deborah R. Liptzin, MD, MS
Assistant Professor
Associate Director of Colorado chlLD
Department of Pediatrics – Pulmonary Medicine
School of Medicine
University of Colorado Anschutz Medical Campus
deborah.liptzin@childrenscolorado.org
720-777-8356



Edwin Liu, MD
Professor of Pediatrics
Digestive Health Institute
Children's Hospital Colorado
Edwin.Liu@childrenscolorado.org
720-255-7151



Margaret (Meg) Macy, MD
Associate Professor
Program Leader, Experimental Therapeutics Program
Associate Fellowship Director
Department of Pediatrics Pediatric Hematology/Oncology/BMT
Children's Hospital Colorado
margaret.macy@childrenscolorado.org
720-777-8856



Edward L. Melanson, PhD
Professor
Department of Medicine –
Division of Endocrinology, Metabolism,
and Diabetes/Division of Geriatric Medicine
University of Colorado Anschutz Medical Campus
ed.melanson@ucdenver.edu
303-724-0935



Professor
Research Director, Pediatric Endocrinology
Research Director, Pediatric Bariatric Surgery
Co-Chair, CCTSI Scientific Advisory Committee (SARC)
Director, Mentored Scholarly Activity (MSA)
Department of Pediatrics - Endocrinology
School of Medicine
University of Colorado Anschutz Medical Campus
Children's Hospital Colorado
Kristen.Nadeau@childrenscolorado.org
720-777-2855

Kristen Nadeau, MD, MS



Lee Newman, MD, MA
Director, Center for Health, Work & Environment
Professor, Department of Environmental
and Occupational Health
and Department of Epidemiology
Colorado School of Public Health
Professor, Department of Medicine Pulmonary Sciences and Critical Care Medicine
School of Medicine
University of Colorado Anschutz Medical Campus
lee.newman@ucdenver.edu
303-724-4405



Sharon Poisson, MD, MAS
Associate Professor
Medical Co-Director of the Comprehensive
Stroke Center
Vascular Neurology Fellowship Director
Department of Neurology Neurohospitalist/Stroke Division
University of Colorado Anschutz Medical Campus
sharon.poisson@ucdenver.edu
720-848-8529



Micol S. Rothman, MD
Associate Professor of Medicine and Radiology,
University of Colorado School of Medicine
Associate Practice Director, Endocrine Clinic,
University of Colorado Hospital
Co-Founder UC Health Integrated
Transgender Program
Clinical Director Metabolic Bone Program
Anschutz Medical Campus
micol.rothman@ucdenver.edu
720-848-2642



Holger A. Russ, PhD Assistant Professor Davis Center for Diabetes holger.russ@ucdenver.edu 303-724-8544



Stephanie A. Santorico, PhD
Professor and Director of Statistical Programs
CO-Director of Graduate Programs
Department of Mathematical
and Statistical Sciences
University of Colorado Denver
stephanie.santorico@ucdenver.edu
303-315-1714



Lisa Schilling, MD, MSPH
Professor
Co-Director, Data Science to Patient Value Initiative
Medical Director, Office of Value Based Performance,
CUMedicine
Department of Medicine - General Internal Medicine
School of Medicine
University of Colorado Anschutz Medical Campus

lisa.schilling@ucdenver.edu

303-724-2254

Assistant Professor



Professor
Associate Vice Chair for Clinical Research
Department of Obstetrics and Gynecology - Family
Planning
School of Medicine
University of Colorado Anschutz Medical Campus
jeanelle.sheeder@ucdenver.edu
303-724-2272

Jeanelle Sheeder, PhD



Associate Director, Center for Oral Disease Prevention and Population Health Research
Department of Community Dentistry and Population Health
School of Dental Medicine
University of Colorado Anschutz Medical Campus
tamanna.tiwari@ucdenver.edu
303-724-9539

Tamanna Tiwari, MPH, MDS, BDS

# Notes

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#### An Institute at the University of Colorado Denver | cctsi.ucdenver.edu | 720-848-7100

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