



Colorado Clinical and Translational
Sciences Institute (CCTSI)

UNIVERSITY OF COLORADO **DENVER** | **ANSCHUTZ MEDICAL CAMPUS**

Colorado Mentoring Training (CO-Mentor) Program

Directory | 2019-2020

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The **CCTSI** Program

The Colorado Clinical and Translational Sciences Institute (CCTSI), created in 2008, includes the University of Colorado Anschutz Medical Campus, University of Colorado Denver, University of Colorado Boulder, Colorado State University, six major hospitals, and health care organizations and local communities. The CCTSI will:

- Expand this statewide academic home for clinical and translational research.
- Implement new clinical research management strategies to improve quality, safety, efficiency, cost-effectiveness, and innovative team science as well as introduce new software systems and workflows.
- Centralize the delivery of resources, services, and technologies.
- Incorporate key concepts of community engagement into the full spectrum of translational research.
- Increase the translational research workforce capacity through a broad curriculum of education, training, and career development opportunities.

A rigorous tracking, assessment, and evaluation program with a formal quality and process improvement component will ensure the best use of resources while protecting the safety of research study participants. These programs will be centralized at the University of Colorado Anschutz Medical Campus, which is adjacent to participating schools, research laboratories, three hospitals, and a biomedical corporate park.



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Colorado Mentoring Training (CO-Mentor) Program

The **Colorado Mentoring Training (CO-Mentor) Program** is a series of integrated workshops that uses evidence-based strategies to teach mentor/mentee pairs the skills they need to get the most out of their mentoring relationships.

Most training occurs in mentor/mentee pairs; however, some activities will be for mentors or mentees separately. The goal is to help participants build practical, overarching skills for mentoring success.

The CO-Mentor program addresses the following Topics:

- Career mapping and creating a career development plan
- Setting goals
- CV building
- Understanding your preferred communication style with the Communication Preference Questionnaire™ (CPQ)
- Establishing the mentor/mentee relationship
- Writing effective mentor letters
- Giving and receiving effective feedback
- Building an effective mentoring team
- Identifying personal strengths and values
- Professional networking
- Promoting academic persistence
- Understanding and managing the financial aspects of an academic career

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of 2019-2020

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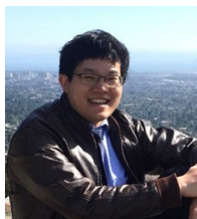
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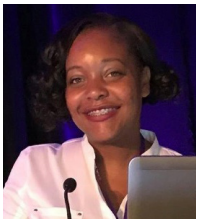


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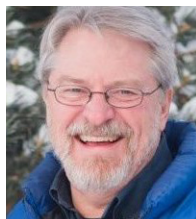
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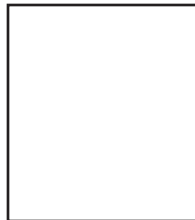
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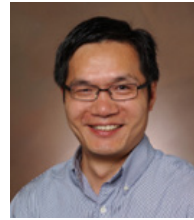
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The University of Colorado is committed to diversity and equality in education and employment.

CCTSI is supported in part by Colorado CTSA Grant UL1 TR002535 from NCATS / NIH.