

WHAT IS A CLINICAL TRIAL?

Clinical trials answer questions about health conditions and how to treat them. Clinical trials also improve health care for people in the future. Clinical trials usually involve medications or tests. Research can only be done with your consent.

RESEARCHERS PROTECT PARTICIPANTS' SAFETY AND DIGNITY BY:

- Following ethical standards
- Following a detailed protocol (study plan)
- Collaborating with the Institutional Review Board (IRB), a committee that reviews protocols to ensure they are safe and fair
- Involving community members in planning and doing research



HOW TO HELP MAKE CLINICAL TRIALS MORE RELEVANT TO YOUR COMMUNITY

- Serve on a research advisory panel
- Partner with researchers to plan clinical trials
- Volunteer to participate in a clinical trial
- Help share research results with your community



CLINICAL TRIALS
are meant to improve
health for all communities.
**MAKE SURE THEY
REFLECT YOURS!**

Created by:



Colorado Community Engagement Alliance Against Health Disparities



Colorado Clinical and Translational
Sciences Institute (CCTSI)

UNIVERSITY OF COLORADO DENVER | ANSCHUTZ MEDICAL CAMPUS

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Learn the role that you and your
community can play in creating

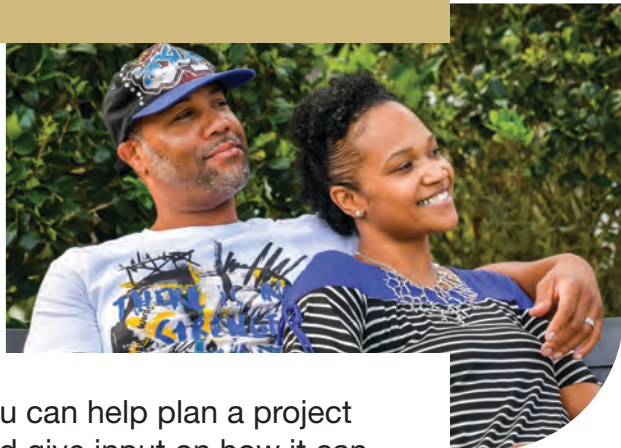
**RESEARCH THAT
BENEFITS YOU!**



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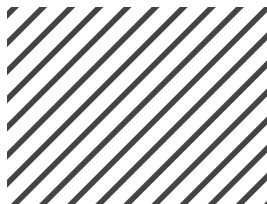
HOW YOU CAN BE PART OF PLANNING A CLINICAL TRIAL



You can help plan a project and give input on how it can involve your community. Your voice is valuable — you can help ensure that the study is safe and relevant to the people in your community. Research is always happening, so now is the time to find out which research projects are looking for input or participants.

WHAT TO KNOW

- > Your involvement in planning research can take a little or a long time
- > You can expect to be paid



HOW TO PARTICIPATE IN A CLINICAL TRIAL

Your health care team may suggest a research study for you. You might learn about a study through flyers or social media posts.

BEFORE PARTICIPATING

Ask your health care team:

- Is the study right for me?

Ask the research team:

- How has my community been involved in designing the research?
- What are the benefits of participating?
- How will participating affect my daily life?

WHAT TO KNOW

- > Every research study is different; you may be asked questions to see if you can participate.
- > Clinical trials need volunteers (both healthy and those with health conditions).
- > Clinical trials are not a last resort and do not always involve taking medications or undergoing invasive treatments.

HOW TO HELP SHARE RESEARCH FINDINGS

Not all people want to be part of planning or participating in research. But there is still a place for you! Sharing research findings with family, friends, and your community is just as important. Sharing research findings can not only help keep people up to date, but can also start conversations about the research process and community involvement. Research results are best shared by trusted family and community members.

GENERAL RESOURCES

CenterWatch:

Clinical research information & listing service
www.centerwatch.com | 1-866-219-3440

ClinicalTrials.gov: English & Spanish
www.clinicaltrials.gov | 1-800-411-1222

Food and Drug Administration (FDA):
www.fda.gov | 1-888-INFO-FDA
(1-888-463-6332)

National Institutes of Health (NIH):
English & Spanish
www.nih.gov | 1-301-496-4000

ResearchMatch: www.researchmatch.org

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