

Colorado Clinical and Translational Sciences Institute (CCTSI)

UNIVERSITY OF COLORADO DENVER | ANSCHUTZ MEDICAL CAMPUS

## Biography

As the President and Executive Director of Trailhead Institute, Sarah is known and trusted health leader across the state of Colorado. Sarah is known to take risks, challenges the status quo, and push the field of public health forward by seeking innovative solutions to common problems. She is a systems thinker who builds, implements, and sustains initiatives that have positively impacts the health of communities spanning public health, health care, and behavioral health. As a long time Jefferson County resident with several family members who live in this district, Sarah is passionate about seeking solutions to the persistent health programs in her community.

Prior to serving as the President and Executive Director, Sarah also served as the Chief Operating Officer and Program Director. Before joining Trailhead, she worked as the Program Manager for the Colorado Association of Local Public Health Officials where she managed Public Health Services and Systems Research projects and evaluated work of the Public Health Alliance of Colorado.

Outside of work Sarah thrives in the kitchen and can, at times, be found behind a mic at karaoke night.